

Girls Varsity GYMNASTICS

The girls varsity gymnastics team continued to be a powerhouse, winning the Section III team title this season and remaining undefeated for the 10th year in a row.

Grayson Gall won the individual all-around title, Julia Makuszak placed second, Madison Scranton placed third and Jayla Jordan placed sixth.

At the sectional competition, five team members qualified for the state championships: Gabby Dietz, Grayson Gall, Jayla Jordan, Julia Makuszak and Madison Scranton. The state championships will be held in Buffalo in early March.





Ava Clark
Alessandra D'Apice
Gabriella Dietz
Grayson Gall
Jayla Jordan
Emma MacDiarmid
Hailey Mahardy
Julia Makuszak
Gia Manzo
Brianna Merrill
Madison Scranton
Morgan Sica
Myleigh VonDauber

HEAD COACH

Danielle Cerminaro



AWARDS

MOST VALUABLE PLAYER - Grayson Gall
MOST IMPROVED PLAYER - Emma MacDiarmid

THE TEAM

Brianna Alberico
Molly Alexander
Grace Bannigan
Juliana Callan
Elise Courto
Alana Demkowitch
Morgan Freiberger
Natalie Goodelle
Alannah Nole
Alexis Penree
Xiomara Rivera
Elena Roberts
Maggie Ruhmel
Lauren Sonderman
Natalia Viola

HEAD COACH

Madison Williams

ASSISTANT COACH

Amanda Vitro

Girls Varsity FIELD HOCKEY

The girls varsity field hockey team's 2023 season was one of learning, patience and hard work. The Spartans' efforts culminated in a sectional appearance and the team ended the season with an overall record of 7-9 and a league record of 5-6.

This year's seniors proved to be strong leaders and left the team ready for the juniors to step up next year. The four seniors on the team will be greatly missed and the coaches and team wish them the best of luck in their future endeavors.













AWARDS

MVP OFFENSE - Grace Bannigan

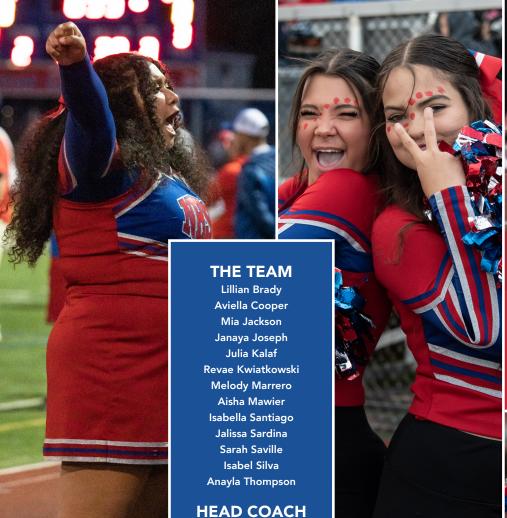
MVP DEFENSE - Xiomara Rivera

MOST IMPROVED PLAYER - Natalie Goodelle **UNSUNG HERO** - Brianna Alberico

HEART AND HUSTLE - Alana Demkowitch

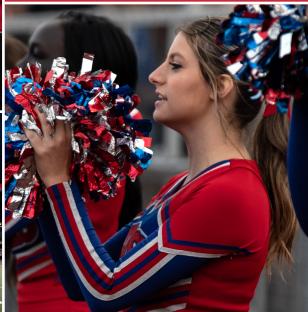
Girls Varsity CHERLEADING

This season, the girls varsity cheerleaders worked on creating new stunt groups and choreography. Head coach Betsy Sinisgalli and the team thank the varsity football team for a remarkable season and would like to thank all of the seniors who participated in the pep rally.



AWARDS

MOST VALUABLE PLAYER - Janaya Joseph **MOST IMPROVED PLAYER** - Julia Kalaf **UNSUNG HERO** - Isabella Santiago **HEART AND HUSTLE** - Aisha Mawier



Betsy Sinisgalli

