New Hartford Senior High School COUNSELING AND GUIDANCE DEPARTMENT

Senior Information Packet

Completion of this packet is required of all seniors. Answering these questions will serve the dual purpose of having you begin to think about questions which are often asked on four-year college applications, and provide your counselor with more specific information in order to most accurately write your college recommendation.

Please return promptly to insure thorough consideration.

Place your cursor in each box and type your responses. You may print a copy that you give to your counselor, or save a copy using your name in the title of the document and email it to your counselor.

Student Name:

ANTICIPATED MAJOR:_

A. In the space below, please describe any unusual situations such as: other language spoken at home, unique academic or personal circumstances, etc., that may have affected your achievement, **either positively or negatively**.

B. Please provide background educational information regarding your family.

Mother

College(s) Attended	Year of Graduation

Father

College(s) Attended	Year of Graduation

Siblings

Name	College(s) Attended	Year of Graduation

C. Please list the activities in which you have been involved, **both in and out of school**, in the **order of their importance** to you.

Activity	Place an X under each vity grade you participated		Approximate amount of time spent in this activity per		Positions Held		
	9	10	11	12	Week	Year	
	_						
	_						
	_						
	_						
	_						

You are welcome to attach a sheet with all your school and community activities instead of rewriting that information.

D. List any work experience you have had during your high school years, including summer employment.

Nature of Work	Employer	Dates	Approximate Number of Hours Per Week

E. Briefly explain how you spent your last two summer vacations.

Summer Following Grade 10	
Summer Following Grade 11	

F. Please discuss one or two academic experiences (e.g., a book you've read, a paper you've written, a class you have taken, etc.) that have meant the most to you during your secondary school years.

G. Briefly discuss the one or two extracurricular, work, or community activities that have meant the most to you during your secondary school years.

H. Please choose THREE to FIVE adjectives that describe you and explain why. For each adjective, use specific examples to explain how they relate to you, such as schoolwork, hobbies, activities, and interests both in and out of school. Ask yourself, "How and when have I exhibited (adjective)?"

Adjective that describes you	How and when you have exhibited (adjective)

I. Please tell us something interesting or important that most teachers or students may not know about you.

J. Is there anything that was not covered elsewhere that you believe your counselor should know about you before writing your recommendation?

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Parent Insight

Please consider providing us with any information regarding your son/daughter which may be useful in the college application process.

Parent Name:

Student Name:

Please describe any special interests/talents your student has that may not be evident at school.

Describe an experience that illustrates a quality in your student which gives you the most pride.

Please share any insight into your student that you feel is relevant when describing his/her strengths and abilities.