

NEW HARTFORD CENTRAL SCHOOL DISTRICT

Athletic Department

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John W. Banek
Director of Athletics, Health and Safe Schools

Kim Schweitzer, Assistant

Dear 6th Grade Student/Parent/Guardian,

On behalf of the Athletic Department of New Hartford Central School, we would like to take this opportunity to welcome you to our modified interscholastic athletics program. Participation in the athletic program is voluntary but once a student chooses to participate, he/she must meet certain expectations in order to be a member of a team.

1. Students may choose to participate in one or more of the following sports during the school year.

FALL

Football

Boys/Girls Soccer

Boys/Girls Cross Country

Field Hockey

Girls Swimming/Diving

WINTER

Boy/Girls Basketball

Girls Volleyball

Wrestling

Boys Swimming/Diving

SPRING

Baseball

Softball

Boys/Girls Track

Boys/Girls Lacrosse

Other sports, such as Girls Gymnastics, Girls Tennis and Cheerleading in the fall; Ice Hockey, Boys/Girls Indoor Track, Boys/Girls/Unified Bowling and Cheerleading in the winter; and Boys Tennis, Unified Basketball and Boys/Girls Golf in the spring, are only available at the varsity level. In order for a junior high student to participate in these sports, he/she must be recommended by a varsity or junior varsity coach, approved by the Athletic Director and successfully complete the Advanced Placement Process which includes parent permission, a doctor's recommendation and a physical fitness test.

2. Any student who tries out for a sport must have a current sports physical and a completed Pre-Participation form and blue card. Sports physicals are valid for one year and may be obtained from our school nurse practitioner or from your personal physician. If you obtain a sports physical from your personal physician, have your physician fill out the proper forms that may be obtained from your school nurse or on the website's Athletic page. The Pre-Participation form and blue card must be completed **within** 30 days of the start of the season. Another letter will go out soon about the online sign up process along with where the forms can be located.

3. All athletes must agree to abide by the rules of the Athletic Code of Conduct. The Athletic Code of Conduct is a guide of expectations for our student athletes that must be followed both inside and outside of the classroom. Once the season begins, the coach will carefully review these rules with the student athlete and go over the consequences if they are not followed.

The opportunity to represent yourself, family, school and community in athletic competition can be very rewarding. However, remember that first and foremost you are a student and we welcome you to the beginning of your interscholastic sport experience.

If you should have any questions, please contact me at 315-624-1283.

The Athletic Department